

## **CV Attachment #4 – Self-educational course passed by the end of 2016<sup>th</sup>**

Some parts of materials listed on the following 3 pages were read a little later than the end of 2016<sup>th</sup> year in fact, but the main ideas/materials have been explored exactly by the end of 2016<sup>th</sup>. This course intersects with the period of travels over about 150 cities/towns/villages and 50 natural areas; that's why it contains smaller amount of items than previous courses.

### **Sociology, anthropology, ethnography, parenting, pedagogy**

All literature in social fields covers the topic of parenting and family relationships in different cultures around the world. Firstly, I started to read the popular literature, but considering my previous life experience, my self-studies in these fields jumped on the professional level quickly.

Scientific literature and articles:

- "Childlessness in Europe: Contexts, Causes, and Consequences" by Michaela Kreyenfeld and Dirk Konietzka;
- "Families Across Cultures: A 30-Nation Psychological Study" by James Georgas, John W. Berry, et al;
- "Growing Up in a Culture of Respect: Child Rearing in Highland Peru" by Inge Bolin;
- "Not Just a Victim: The Child as Catalyst and Witness of Contemporary Africa" by Sra J.T.M. Evers;
- "Sex and Salvation: Imagining the Future in Madagascar" by Jennifer Cole;
- "The Anthropology of Childhood: Cherubs, Chattel, Changelings", 2<sup>nd</sup> edition by David F. Lancy;
- "The Anthropology of Learning in Childhood" by David F. Lancy, John Bock, et al.;
- several hundreds articles on the same topics browsed through newsfeeds at ScienceDaily, search in Google Scholar, and other resources.

Popular literature on the topic of parenting in different cultures:

- "Bringing Up Bébé: One American Mother Discovers the Wisdom of French Parenting" by Pamela Druckerman;
- "How to Talk So Kids Will Listen & Listen So Kids Will Talk" by Adele Faber and Elaine Mazlish;
- "How to Talk So Teens Will Listen and Listen So Teens Will Talk" by Adele Faber and Elaine Mazlish;
- "Odd Girl Out: The Hidden Culture of Aggression in Girls" by Rachel Simmons;
- "Parenting Without Borders: Surprising Lessons Parents Around the World Can Teach Us" by Christine Gross-Loh Ph.D;
- "Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too" by Adele Faber and Elaine Mazlish;
- "The Danish Way of Parenting: What the Happiest People in the World Know About Raising Confident, Capable Kids" by Jessica Joelle Alexander and Iben Sandahl.

Popular guides on the topic of travelling with kids:

- "Babes in the Woods: Hiking, Camping & Boating with Babies and Young Children" by Jennifer Aist;
- "Kids Activities: 101 Outdoor Activities for Kids" by T.J. Doherty;
- "Travels with Baby: The Ultimate Guide for Planning Travel with Your Baby, Toddler, and Preschooler" by Shelly Rivoli.

Popular medical guides for parents:

- "Fit & Healthy Pregnancy: How to Stay Strong and in Shape for You and Your Baby" by Kristina Pinto and Rachel Kramer;
- "Mayo Clinic Guide to a Healthy Pregnancy" by Dr. Myra J. Wick M.D. Ph.D.;
- "The Pregnant Athlete: How to Stay in Your Best Shape Ever--Before, During, and After Pregnancy" by Brandi Dion , Steven Dion, et al.;
- "The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults" by Frances E. Jensen, Amy Ellis Nutt;
- "What to Expect the First Year" by Heidi Murkoff and Sharon Mazel;
- "What to Expect the Second Year: From 12 to 24 Months" by Heidi Murkoff and Sharon Mazel.

### **Computer science, design, and business**

- "Bioinformatics for Biologists" by Pavel Pevzner, Ron Shamir;
- "Data Science for Business" by Foster Provost, Tom Fawcett;
- "Designing for Emerging Technologies: UX for Genomics, Robotics, and the Internet of Things" by Jonathan Follett;
- "Excursions in Modern Mathematics" by Peter Tannenbaum;
- "Rethinking the Internet of Things" by Francis daCosta;
- "Secret Knowledge of Commercial Illustrators" by Yana Frank;
- "SEO 2016" by Adam Clarke;
- news of technology and business;
- news about protecting civil liberties in the digital world.
- several tens scientific publications on the recent trends in economy of China;
- articles about trends in the modern urban utility architecture.

### **Low-level biology and medicine**

- "An Introduction to Genetic Engineering" by Nicholl, Desmond S. T.;
- "Fowler's Zoo and Wild Animal Medicine Current Therapy, Volume 7" by R. Eric Miller, Murray E. Fowler;
- "Introduction to Veterinary Genetics" by Frank W. Nicholas;
- Oxford Handbook of Expedition and Wilderness Medicine;
- Oxford Handbook of Tropical Medicine;
- "Training for the New Alpinism" by Steve House, Scott Johnston;
- [a blog](#) on topics of virology, medicine, genetics, and academic life.

### **General biology and wildlife management**

- "Dragon Songs" by Vladimir Dinets;
- "Jane Goodall: 50 Years at Gombe" by Jane Goodall;
- "Oceanography and Marine Biology" by David W. Townsend;
- "Temperate and Boreal Rainforests of the World" by Dominick A. DellaSala;
- "The Biology of Coral Reefs" by Sheppard, Charles R.C.;
- "The Wildlife Techniques Manual" by Nova J. Silvy;
- "Wildlife Restoration" by Morrison, Michael L., Krausman, Paul R.;
- "Wildlife Film-making: Looking to the Future" by Piers Warren;
- "Zoo Animals: Behaviour, Management, and Welfare" by Geoff Hosey, Vicky Melfi, Sheila Pankhurst.

## **Global and sportive travels**

- 50+ travel blogs (the list of blogs cannot be posted here because many of them are either abandoned already, or turned to work in friends-only mode, or include too much political content);
- several tens articles from a Russian mountaineering resource;
- “AMC Guide to Winter Hiking and Camping” by Lucas St. Clair and Yemaya Maurer;
- “Long-Distance Hiking” by Dan Feldman
- “Mountain Weather: Backcountry Forecasting for Hikers, Campers, Climbers, Skiers, Snowboarders” by Jeff Renner;
- "Snowshoes and Shipton: Climbing Muztag Ata in the Chinese Pamirs" by Mark Horrell;
- “The Backpacker's Handbook” by Chris Townsend;
- “The Ultimate Desert Handbook: A Manual for Desert Hikers, Campers and Travelers” by G. Mark Johnson;
- “Trekking in the Chinese Tian Shan” by Pete Jones;
- “Trekking Tibet: A Traveler's Guide” by Gary McCue.

Other literature and materials related to travels in different ways:

- "Principles of Yacht Design" by Rolf Eliasson, Lars Larsson, Michal Orych;
- "Solo por ser indios y otras crónicas mapuches" (Spanish Edition) by Pedro Cayuqueo;
- "Starting A New Life In Rural America: 21 Things You Need to Know Before You Make Your Move" by Ragnar Benson;
- "Yacht Design According to Perry: My Boats and What Shaped Them" by Robert H. Perry;
- yachting forums.

## **Music**

In 2010's, I listened mainly world traditional music and modern American/Celtic folk music.